

Uganda



Nile Mountain Bike Adventure

An adventure you will never forget!
From March 19-29, 2025 we are organizing a mountain bike trail in Uganda with the aim of education for students.

INFO

Samen voor morgen/Together for tomorrow

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Together for tomorrow

In a world where education is the cornerstone of personal and social progress, Nofam and Project Held are at the forefront of this fight for change. Good education is not just a right; it is a promise of a hopeful future for every child. Unfortunately, this promise remains unfulfilled for too many children. Millions of children worldwide have been excluded from the basic opportunities that education provides, due to lack of access or quality.

The Nofam and Project Held foundation have joined forces to find a way to make education a given for as many children as possible. The proceeds from the campaign therefore also go entirely to projects in Uganda by Project Held and Nofam.

Together for tomorrow

Goal

Our current challenge is guiding young adults to the finish line of a vocational diploma, a crucial step towards self-reliance and economic stability. This path requires more resources, more dedication, and more hearts open to change. That is why Project Held and Nofam are joining forces: together for a future in which every child, regardless of his or her origins, has the opportunity to dream, learn and succeed.



MAKE THE DIFFERENCE

Good education for a professional diploma

Together we can make a difference

Facility

Vélo Afrique facilitates MTB in Uganda.

Vélo Afrique: That's cycling in Africa for better education! What once started as a dream: I have a dream that one day all cyclists will want to cycle in Africa.- is happening. Velo Afrique wants to facilitate this as much as possible in an enthusiastic way. Cyclists often put Africa on their bucket list in addition to the traditional climb of Ventoux or Galibier. We give cyclists an adventure in different African countries. We link a unique cycling adventure to a good cause! Twelve years ago we would say once in a lifetime but today we see participants participating again and again when we launch a new country.

- Velo Afrique hosts the tour.
- Together for Tomorrow is the organization
- Nofam and Project Held support the projects.
- Together we help children in Africa get better education.



INFORMATION:

<https://veloafrique.be/over-velo-afrique/>

Bike Africa

Program and route

Together for Tomorrow offers you a cycling trip that will be unforgettable. A real, once in a lifetime experience! In addition, we can offer children from developing countries the opportunity to obtain a diploma and therefore have a better chance of staying out of poverty.

FEATURED

- A fantastic cycling adventure along the Nile for the experienced cyclist. From Lake Victoria to the Murchison Falls. Along the way we meet wild animals and dive into the local culture.



MTB Day 1

Home - Entebbe - Jinja The cycling trip starts from Entebbe. We have chosen that you can book your flight ticket according to your wishes and can schedule time before and after the tour. From Entebbe we will travel by bus to Jinja where the tour begins.

MTB Day 2

Jinja - Jinja We started at the mouth of the White Nile. Here we see the Nile leaving Lake Victoria. West of Jinja we drive through rainforests, tea and sugar cane plantations. We will have our afternoon stop on the shore of Lake Victoria.

- 65 cycling kilometers
- 1081 meters of elevation



MTB day 3

Jinja - Bukomba

We cross the Nile using small boats. We then continue on a combination of gravel and single tracks that guide us along the Nile. We drive over the new Isimba dam.

- 76 cycling kilometers
- 700 meters of altitude

MTB day 4

Bukomba - Kazwama

The first 14km are similar to the previous stage, then we drive 55 km via a red slope to Lake Kyoga. At Lake Kyoga we make a crossing of 9 km with the local ferry. From the other side we drive another 16 km to our campsite.

- 96 cycling kilometers
- 636 meters of elevation

Food and drink

During the trip you will be provided with sufficient food and drinks. If you would like to consume other food or drinks in addition to the facilities offered, these will be at your own expense.



MTB day 5

Kadwama - Ziwa

Rhino Sanctuary We start the day with 14 km of red piste to Nakasongola, where we follow the asphalt road for 1 km. Don't forget: Keep left! After the village center we continue our way for 50 km via an old deserted dirt road. Please note: At the end of this road we cross a busy main road. Then we drive further 7.5 km to the entrance of the Rhino Park. Upon arrival we will gather in groups for "Rhino tracking on bike".

- 80 cycling kilometers
- 559 meters of elevation



MTB day 6

Ziwa Rhino Sanctuary - Ibuje

After 7.5km off-road we again cross the same busy main road as the day before. We drive 8 km further along the dirt road until we take the main road in Kibangya to bridge the Kafu River. After a stretch of asphalt we arrive at a track that will lead us to Massindi Port. We meet there to cross the Nile together by ferry. On the other side of the Nile we continue via a red slope to our base camp in Igoti.

- 77 cycling kilometers
- 416 meters of elevation

MTB day 7 and 8

Ibuje - Karuma

From Itwara we drive along the Nile to Karuma Falls. After a short stop at the bridge over the Nile, we continue to the entrance of the park. Meet at the entrance of Murchison Falls National Park. We drive in a group through the park to the lodge.

- 106 cycling kilometers
- 611 meters of elevation

Karuma - Paraa

We drive all day through Murchison Falls National Park. Keep your eyes open! The group is accompanied by armed rangers. Deviating from the route is not permitted. In some areas the vegetation is high, limiting visibility and making it difficult to spot wildlife. Always remain calm and do not make any unexpected movements towards the animals.

- 95 cycling kilometers
- 714 elevation meters



Last day

Paraa - Entebbe

Bus transfer to Entebbe and visit orphanage.



UNFORTUNATELY THE RIDE IS OVER

Achieved!

Entebbe

Congratulations, you've reached the finish line! Today you have the choice to take a 5 kilometer walk in a village or go to the market. A visit to the orphanage is also possible.

- Today you can choose to visit the orphanage again where we will answer your questions where possible.

Because you have booked your flight ticket yourself, you can continue your journey to your next destination from today. This can be back home, but you can also choose to see more of Uganda and take a safari or tour.



INFORMATION

- Cost of complete trip in Uganda €2500
- Sponsorship contribution per participant €1500
- Excluding bicycle rental and flight ticket
- If you have any questions, please contact us at tine@samenvoormorgen.nl



Rest day!

What is included

The amount of €2,500 includes the following:

- 2 cycling outfits (pants and shirt)
- Meals during the stay
- 3 drinks per location (excl. wines and spirits)
- Luggage transport
- Complete organization and guidance of the stages.
- There is always a doctor and a bicycle doctor available.
- Media team
- Accommodations
- Access to the accommodations to visit, such as Murchison Falls and Nile park.



What is not included

- Flight ticket (so you are flexible in your own planning before and after the tour)
- Passport
- Visa
- Vaccinations
- Insurances
- Meals outside the planned meals
- Bicycle rental (you can rent a bicycle through an organization, costs between €350-400)
- Wine and strong drink
- Own sponsorship contribution of at least €1,500



Frequently Asked Questions

Since Velo Afrique facilitates the tour, here you will find the page where you can find frequently asked questions.



We are looking forward to it! If you have any questions after reading this brochure, please contact us using the details below. If you are so enthusiastic that you want to register immediately, please do so by clicking on the button below.



Together for tomorrow

Together for Tomorrow is an initiative of the Nofam Foundation and Project Held. Together we make a difference for the generation of tomorrow. Together, that is Nofam and Project Held, Together, that is you and me, Together, that is joining forces to combat poverty!



For information or questions:

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